

Welcome to the Norwegian nature

The Right of Public Access gives everybody the freedom to roam the Norwegian nature. This right applies to uncultivated land and to everybody, regardless of your background, sex or age. Uncultivated land is forests, mountains, beaches, marshes and like.

Make sure you do not harm nature, animals or plants. Respect the interest of landowners and other people.

The Right of Access does not apply to cultivated land like gardens, cropland and similar.



Foto: Midt-Agder Friluftsråd

FREE!

The Right to Roam

lets you:

- walk in the forest, in the mountains and along the beach
- bike in the mountains and on tracks
- swim in the sea, in lakes and rivers
- go skiing in and outside ski tracks
- pick berries and mushrooms
- go fishing in the sea - children under the age of 16 can in addition go fishing in lakes and rivers from 1/1 to 20/8 free of charge. Everybody else has to buy a license
- put up a tent for 2 days and nights at the same spot – must be at least 150 meters from inhabited house or cabin

FREE!

Please remember:

- to bring your garbage back home
- do not disturb birds and wild animals
- always close gates and respect domestic animals

These are the simplified rules around the Public right of access in Norway. Read more here:

<https://www.miljodirektoratet.no/for-private/friluftsliv-og-allemannsretten/>



Friluftsrådenes Landsforbund